

A star-shaped menu card is centered on a gold-rimmed plate. The card is divided into several sections, each containing text. In the center of the star is a small dish of shrimp. The background of the plate is a textured gold color.

CATIE Awards 2020

Best Food or Beverage  
Trend Incorporation

"Pentagon to Star"

INTERMEZZO  
Handcrafted  
Peach Pop  
Bellini

ENTREE  
Luscious Beef  
with Truffle Sauce  
Luscious Truffle  
Carpaccio

DESSERT  
Custom  
Caramel  
Candy  
with a  
Rum  
Filling

APPETIZER  
Crisp  
with  
Caramel  
Sauce

BEVERAGE  
Crisp  
with  
Caramel  
Sauce

# Synopsis

Small packages can hold big surprises. The “Pentagon to Star” was fun, intriguing, informative, beautiful, and delicious. As the guests opened their Pentagon the Amuse-bouche was a stunning and delicious gem sitting in the middle of the star adding vibrant color to the contraption which became their menu card for the meal. It set a perfect tone for what would be a fabulous culinary experience.



# Concept & Objectives

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We were working on all the print material for an event and need to create a menu card for a plated meal. The entire event was full of new and innovative ideas, so the goal was for this menu card to be extraordinary. The objective would be to use our in-house wood-cutting laser machine to produce a unique experience for the guests in the form of a menu card.

AMUSE BOUCHE  
Tomato Gelée with  
Prosciutto Crisp  
topped with  
Smoked Gouda Mousse

ENTREE ONE  
Cold Smoked Chilean Sea Bass  
on an Herb Crusted Polenta Cake  
with Coriander Vanilla  
Cream Sauce

INTERMEZZO  
Handcrafted  
Peach Pop  
Bellini

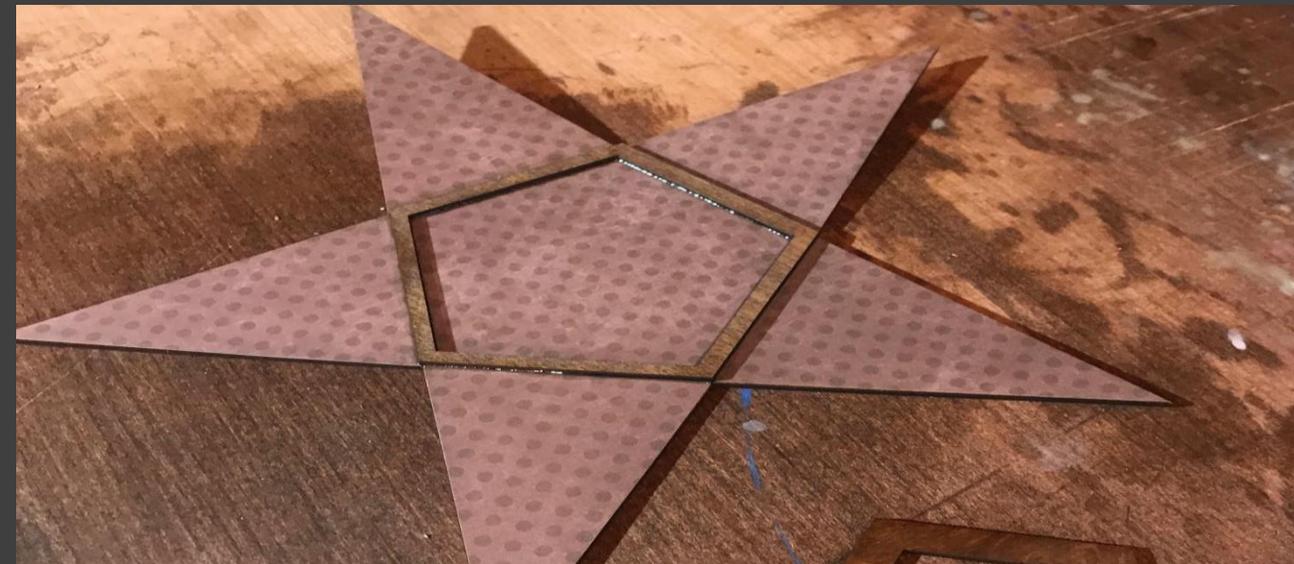
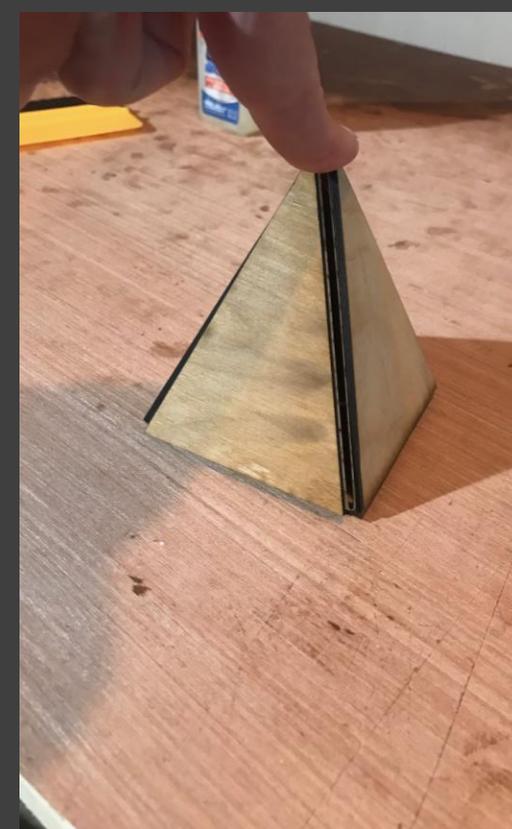
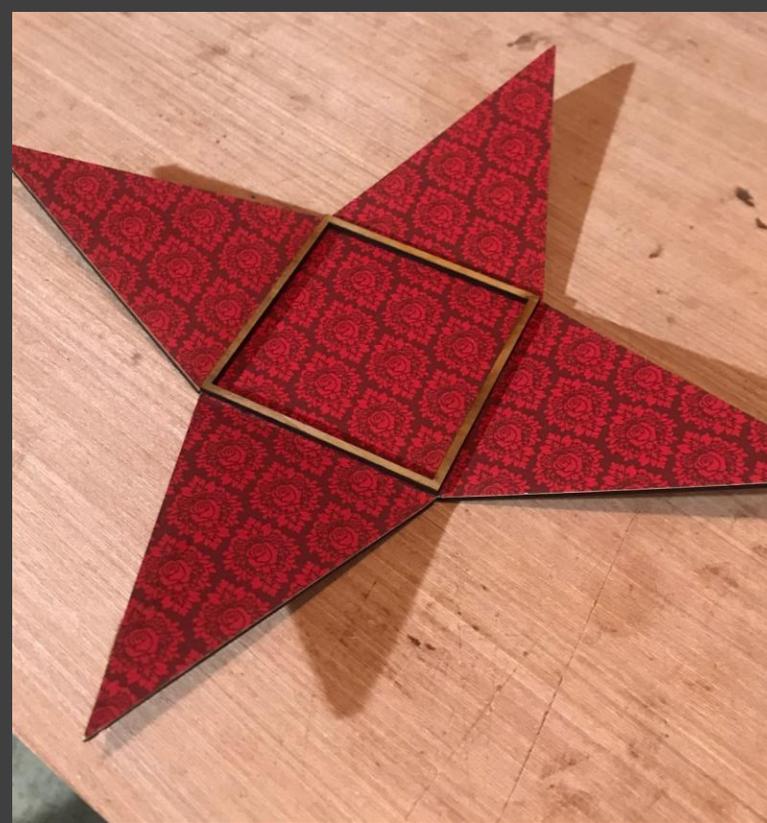
DESSERT  
Custom Created Island Rum Cake  
with a Butter Rum Filling

ENTREE TWO

Roast Tenderloin of Pork  
with French Onion Gravy  
Roasted Fingerling Potatoes  
Champagne

The creative process began with an origami program that we obtained at a conference. The program was fascinating to us, so we studied the program and how it was created and assembled thinking we could possibly create a folding origami menu out of wood. May hours of research, trial and error commenced but wood does not bend the same way as paper. However, we realized that paper could still be used for hinges to fold in one direction.

We felt we could create some sort of box that would enable the sides to drop down. A normal box isn't interesting, so we created a pyramid with the points joining at the top. As we brought the sides up, we realized we could put a surprise inside of it.... like an Amuse-bouche. The pyramid turned into a pentagon which would unfold into a star because it was more interesting both closed and open. We realized that if we put a food item inside the closed pentagon, we would have 5 courses. We could then put the names of each course on each of the points of the star.



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- Once we discovered we could put a food item inside, we brought our culinary team in and tasked them with creating an Amuse-bouche that was no more than 2.5” round, could hold at room temperature for up to an hour and a half and created a “WOW” when the sides came down.
  - Several food items were considered before we decided on the Tomato Gelee with Crispy Prosciutto and Smoked Gouda Mousse garnished with a Fire-star Orchid. It held its shape at room temperature and had a fantastic pop of color when the pentagon opened. The Tomato Gelee sat in a small bamboo disk in order for the program to stay clean.



Impact on  
Event

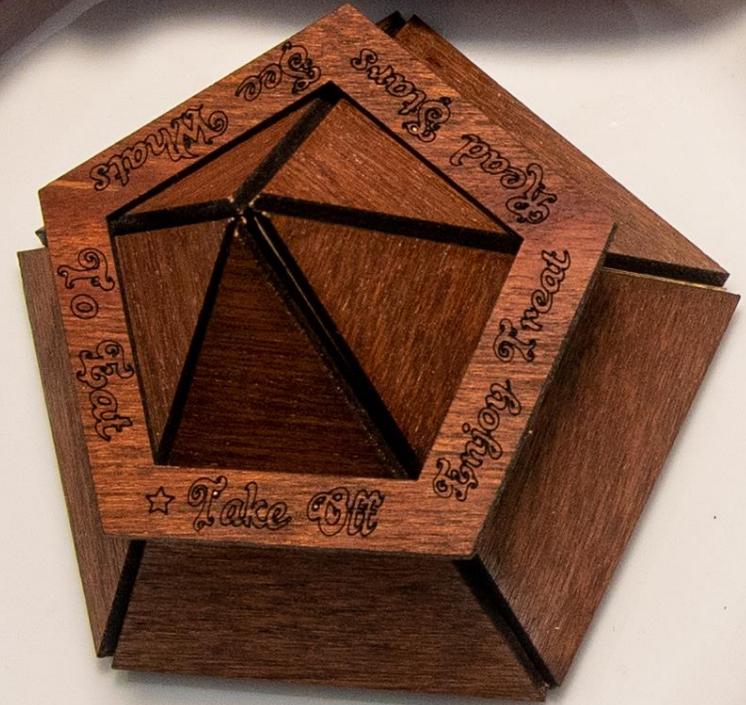
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- A hand is holding a ring with a large, clear, faceted gemstone. The background is a menu card with a grid layout. One of the menu items is "AMUSE-BOUCHE Tomato Gelée with Prosciutto Crisp topped with Smoked Gouda Mousse". Another item is "ENTREE ONE Cold Smoked Chilean Sea Bass on an Herb Crusted Polenta Cream Sauce with Coriander Vanilla". The overall lighting is warm and focused on the ring.
- As the guests sat down, they read a poem etched on the ring, “Take Off, Enjoy Treat, Read Stars, See What’s, To Eat”. When the Star opened the Amuse-bouche was a stunning and delicious gem adding vibrant color to the contraption. It set a perfect tone for what would be a fabulous culinary experience.

# Originality & Presentation

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- The guests had never seen anything like this. It even came with its own instructions as part of the aesthetics. The poem on the pentagon told them exactly what to do. The “Pentagon to Star” was fun, intriguing, informative, delicious and beautiful.



# Production

- To assemble the contraption we needed the pentagon base, the 5 points of the star, the star-shaped paper insert for the hinges, the 5 paper triangles with each course individually written on them, the large pentagon ring to keep the sides from falling in and the pentagon ring with the poem on it to keep the device closed. All of the components were cut with the laser to ensure precision.





The Tomato Gelee was pre-plated on the bamboo disk and refrigerated until assembly which was done at the tables. The disk was placed in the base of the star, the mousse piped, the prosciutto added. Once the Fire-star Orchid was in place the sides were lifted and the ring out in place.



# Challenges

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- Keeping the sides up and making it practical for the guests to open took some thought. The first idea was to tie it with ribbons extending from the bottom of the pyramid and joining at the top. We were able to secure it this way, but we were afraid that the guests would pick to use both had to try to untie it, ruining the surprise inside. We also tried wire at the tip, but again this required too much handling to make it simple and practical. We finally came up with a hollowed-out pentagon-shaped ring to sit on top that kept the sides up. When the ring was simply lifted the sides fell perfectly.
- There was a concern that the sides could fall inward onto the food, which had happened to some of the boxes when the hinges were used several times and became a bit loose. We added another thin pentagon ring that acted as a stopper and solved any potential problems with the sides falling in.
- The food itself was challenging because we needed a substantial impact from a food item that could be mor more than 2.5" round. We settled on the Tomato Gelee because of the color, and the fact that it would hold for a long period of time without loosing its integrity and taste. The Crispy Prosciutto added a lift to the bite and the Gouda Mousse had the duel roll of adding a savory creaminess and holding the prosciutto in place.



POURCELINE  
Café de l'Université d'Ottawa, 450 Ave. Park  
avec un touché de Crème de Vanille et  
une touche de Chocolat  
François Beaudin

AMÉE MATHÉ  
Maison de la Gastronomie  
1000, Avenue de la Montée  
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K1S 4E6  
505-882-1111

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INNOVATION  
Innovation  
Pack Up  
Bella



# Recipe

**Name:** Tomato Gelee with crispy prosciutto and smoked gouda mousse **Qty:** 1

**Description:**

Tomato Gelee with crispy prosciutto and smoked gouda mousse

**Ingredients:**

Item Name	Qty	Unit	Category	Conversion	Comment
Smoked Gouda mousse	0.50	Fluid Ounce	Staging Cooler	1 Tablespoon	
Tomato Gelee	1.00	Item	Staging Cooler	1 Item	
ham, prosciutto	0.13	Ounce	Meat	0.12 Ounces	

**Instructions:**

On the bottom side of a flat sheet pan, lay a piece of parchment paper. Lay pieces of prosciutto on the parchment paper. Lay another piece of paper on top followed by another sheet pan so that the prosciutto is flattened between the bottoms of both sheet pans. Set oven to 325\* and cook prosciutto for 6 minutes or until crisp. Let cool and pack.

**Sub Recipe:** Smoked Gouda mousse **Portion:** 0.5 (Fluid Ounce)

Item Name	Qty	Unit	Category	Conversion	Comment
smoked gouda cheese	0.02	Pound	Dairy	3.01 Teaspoons	
cream cheese	0.03	Pound	Dairy	0.03 Pounds	
heavy cream	0.03	Cup	Dairy	1.5 Teaspoons	
Salt and Penner Shaker	0.02	Teaspoon	Drv Storage	0.02 Teaspoons	

**Instructions:**

-In a pot, bring cream up to a simmer over medium high heat. Add in smoked gouda cheese. Allow to melt and fully incorporate. take off heat and let cool for 10 minutes.

-In a stand mixer with a whisk attachment, add in softened cream cheese and smoked gouda mixture. Whisk till combined and smooth. If too thick, add in more heavy cream to thin out.

-Pack in pastry bag on party.

**Sub Recipe:** Tomato Gelee **Portion:** 1 (Item)

Item Name	Qty	Unit	Category	Conversion	Comment
tomato sauce	0.08	Cup	Drv Storage	0.65 Ounces	
tomato juice	0.02	Cup	Drv Storage	0.02 Cups	
agar agar	0.08	Ounce	Chef Office	0.08 Ounces	
Salt and Penner Shaker	0.01	Teaspoon	Drv Storage	0.01 Teaspoons	

**Instructions:**

-In a pot, add tomato sauce and tomato juice. Heat of medium high heat to a simmer. Once mixture is simmering, add in agar agar to thicken. Once fully incorporated, remove from heat and pour mixture into silicon mini donut molds. Put in freezer to harden for 30 minutes.

-Remove gelee for silicon mold and pack on sheet pan.